
DUST

Week 4: Christ Our Healer.



Dust. It's the stuff we walk in, clear off furniture, or stir up when we go digging in the garden. In the ancient world, the rabbis had a saying: "May you be covered in the dust of your rabbi." In other words, may you live and follow your teacher for all of life so closely, that the dust of your rabbi covers you. This Lent, we're looking to follow Jesus more closely, give up our sins + shortcomings, give more of all we are +

have, and transformed to new life.

DISCUSSION QUESTIONS

1. Have you experienced a moment where God's power or presence touched you? How did this moment of God's power or presence heal, encourage, fill, provide for your need, etc?
2. *Read Psalm 6.* This type of psalm is called a psalm of sickness or individual lament. Psalm 6 concerns someone in need of healing in both body and spirit. What vivid action words and images does the psalmist offer throughout the passage to support this claim?
3. Notice the connection between body and spirit in the psalm (see verses 2-3). When you think about your own needs for healing do you sense a connectedness between body and spirit? If so, how, if not, why not?
4. *Re-read Psalm 6:1. Then read John 9:1-5.* There is a connection between sin and the physical and/or spiritual brokenness of the psalmist and the blind man, a notion which Jesus dismisses in John 9:3. Why might some people tend to think God has brought some illness or spiritual brokenness on them?
5. *Re-read Psalm 6:9.* Recalling our teaching from Sunday on the blind man in John 9, and after reading Psalm 6:9, do you believe that God's desire is to heal, regardless of how someone came to the spiritual or physical need for it? How might this shape the way we dialogue with those hurting and/or pray for them?
6. (20 minutes) Break into groups of men and women. Find separate areas of meeting space. Discuss + Pray: What are your needs for healing? Take the time and care to pray for each person in the breakout session, by laying hands on their shoulder, top of the head, or holding their hands.

BE THE REVOLUTION

Jesus is HEALER; as we follow him and are covered in the dust of our rabbi, we believe that he will HEAL us, both in body and in spirit, so that we may become more like him - loving what he loves and living as he lives.

RENOVATING THE HEART

The LORD has heard my plea; the LORD accepts my prayer (*Psalm 6:9*).