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# FACING THE GIANTS - WEEK # 3

## Week # 3: Gaining Confidence for the Battle Through Remembering



We've all got them. They look big and if we allow them, cause us great fear. David shows us we can look at our giants through the eyes of faith rather than the eyes of fear. During this Renovation Series we will explore our fears and how to overcome them.

### DISCUSSION QUESTIONS

1. How have you faced your giants this past week by taking authority over them?
2. **Read Psalm 77:10-20.**

On Sunday, we learned that confidence is gained when we remember God's past activity in our lives. The more we realize God has been present and actively working for our good, the more we are able to confidently fight back against our fears. We call these "mastery experiences."

As you read Psalm 77:10-20, what specifically does the psalmist "remember" about God's activity? What different types of divine activity does the psalmist remember? What does the psalmist remember about God's character? How might that bring encouragement?

3. The two main types of divine activity the psalmist remembers are general (mighty deeds, waters afraid, skies thundered, lightnings lit up the world, etc.) and specific (redeeming the children of Jacob and Joseph, leading the people like a flock by Moses + Aaron).

How might remembering the ways that God is generally present in this creation, or specifically present in our lives bring about confidence in the midst of the giants in our lives?

4. When you become fearful or anxious, do you tend to remember God's past activity in your life? If so, how has this brought you peace, comfort or confidence? If not, why do you think you tend to overlook remembering?
5. As you've been fighting your own giants, stop to take inventory of the biggest moments of victory in your life. How has God helped you, blessed you, given you strength/peace/encouragement?

Take time as a group to build one another up. Describe how you have seen God at work in one another's lives. Then pray for strength and confidence for each other as a group.

### **BE THE REVOLUTION**

Remembering God's past activity gives us confidence that God will act again on our behalf, for our good.

### **RENOVATING THE HEART**

*You are the God who works wonders; you have made known your might among the peoples.*  
(Psalm 77:14).