
HOW TO THROW DOWN WITHOUT A SHOWDOWN

WEEK # 1



Week #1: Fighting Back

We all have conflicts. They can be manageable, and even life-changing for the good. During this series, we will focus on our conflict management skills.

DISCUSSION QUESTIONS

1. What is the toughest conflict you have struggled with in your life? How did you handle it?
2. **Read Acts 4:1-22.**

What is the source of conflict in the passage? Why would Peter and John's actions "greatly annoy" the religious rulers and leaders? How does this mirror the conflict Jesus had with this group during his ministry?

3. Consider there are two responses for conflict: fight (i.e. fighting back) or flight (i.e. running away). How does Peter fight back in the passage - specifically what points does he make to the religious leadership in Jerusalem? How does the religious leadership respond?

While most people have moments where they fight back and others when they run, they tend to have a preferred style. Which one is yours - fight back or run? How has this played out in your life? How then, does this influence your perception(s) concerning conflict?

4. Considering your answers in #3 above, what changes or adaptations could you make to your conflict resolution style or skills?
5. On Sunday, you learned that fighting back isn't for the purpose of revenge but redemption. What evidences do you find in Acts 4 that Peter isn't interested in revenge but redemption?

How might you utilize conflict as an opportunity to glorify God, redeem broken relationships, and become more like Christ in the process?

BE THE REVOLUTION

When conflict arises, take the opportunity to fight back.

RENOVATING THE HEART

Now when they saw the boldness of Peter and John, and perceived they were uneducated, common men, they were astonished...(Acts 4:13).