

## Instructions

Group leaders, take some time before your gathering to look over these questions. Ask the Holy Spirit to guide you and pick 3-5 questions to discuss, which pertain to your group's unique needs and style.

For the video related questions, look up the video in RightNow Media. You can do this on a phone, tablet, computer, or SmartTV device. You can easily find the video by clicking on the "Revolution Church" channel within the app. If you or a group member needs access to RightNow Media, please email [info@revolutionky.org](mailto:info@revolutionky.org).

## Series Synopsis

Christ is Risen! He is alive! The tomb is empty! I am free! Now what? What happens next? We experience the resurrection of Jesus Christ and know he has broken the power of sin and death, yet these things still remain. That is because the work of the resurrection continues. The work of reconciliation and salvation is ongoing. It is all a work in progress, we are all works in progress. And we can all experience the ongoing grace of Christ that transforms us, that resurrects us, in many seasons of life. Join us as we turn to the people in Scripture that Christ visited after his resurrection, to see how Christ transformed their grief, fear, doubt, and shame. Even as we experience these things under the reality of COVID-19, these testimonies remind us that God is faithful and give us hope that God is still making us new.

## Message Synopsis

Resurrection is an ongoing process. God is constantly at work in our lives calling us into deeper relationship, pouring out grace upon grace, and sanctifying us as we abide with Christ. Transformation is ongoing. And as we see, sometimes God does God's best work in the dark. We are in an unexpected, unprecedented, and difficult time as a people. We are facing the reality of suffering and death like many of us haven't before. And yet, God is still present and at work. God is still making all things new. In chaotic and fearful times, God still calls us into times of solitude and rest. And as a people of faith, we have an opportunity to seek God in the midst of this. We have an opportunity to find rest and renewal of spirit, not in spite of the suffering, but only because of the suffering of Jesus on the cross which allows us to stare down the suffering of the world with faith and hope.

## Key Scriptures

*Mark 6:30-32*

## Questions Related to This Week's Message

1. Where have you experienced God recently?
2. What have we started doing during this time of quarantine that we should keep doing (can answer personally or collectively for our society/community)?
3. What have we stopped doing during this time that we shouldn't start back up (can answer personally or collectively for our society/community)?
4. In the weeks that remain, how will you intentionally seek to "come away" by yourself with Jesus to find rest?

## Video and Discussion Questions from RightNow Media

### **Video 1: “How to Practice Biblical Rest”** - by Matt Younger

(located in the “Renovation Home Groups” channel)

<https://www.rightnowmedia.org/Content/VideoElement/123117>

We know that we are in a unique season where much of our normal day-to-day activities have been cancelled or restructured. We could say that we are in a time of forced stop or forced rest for much of what we consider “normal.” But that doesn’t make this season easy, or even restful. What it does do is present a unique opportunity for us to keep a rhythm of sabbath and rest, and to intentionally seek God in the midst of this strange place. Matt Chandler says in his video that, even if practicing sabbath is a day, a part of a day, or a whole season, sabbath should be intentionally different than the other days where we work.

1. How are you structuring your time to mark some period of time or day as different from work?
2. If you are working from home right now, what are some creative ways that you have found to draw a boundary between work, play, family, and/or sabbath?
3. Is there a new practice or hobby you have taken on during this shelter-in-place that has been life-giving for you?

### **Video 2: “John Wesley’s Order of Salvation: Seven Minute Seminary”**

To learn more about the Wesleyan understanding of the way of salvation as a process of growth in grace over a lifetime, watch this video: <https://www.youtube.com/watch?v=RbKtXvGCYyo>

1. How do you see the work of God to restore our relationships as a process that takes place over time?
2. How have you seen grace function in your life in your own process of salvation?
3. Sanctifying grace is the grace that makes us holy, that allows us to grow in holiness and transformed into the likeness of Christ. We often call the way we experience God’s sanctifying grace as the means of grace, things like works of mercy and piety (worship, prayer, study, service). How have you experienced God’s grace this week?

## Family-Related Questions:

Our kids have been out of school and/or daycare for five weeks. Their routines and social lives have shifted dramatically. They may be feeling new levels of stress and anxiety trying to complete projects on their own, missing their friends, or just feeling out of sync. Now might be a good time to check in on how they are feeling and talk together about creative and life-giving ways to rest as a family. If age appropriate, ask with your kids:

1. How are you feeling today?
2. What is one thing you have really enjoyed about this time of sheltering-in-place?
3. What is one thing that has been really hard?
4. When have you felt the most joy in the past couple of weeks?
5. What is something you could take a break from this week that might help you rest or have fun with your family?
6. What is something fun or creative that your whole family could do together?