

**Lent is a season of intentional pause—a time to slow down, reflect honestly, and make space for God to shape our hearts. Through practices like prayer, fasting, generosity, and self-examination, we are invited not just to give something up, but to open ourselves up: to growth, healing, and a deeper relationship with Christ. As we enter this discussion, let’s approach one another with humility, curiosity, and grace, trusting that God often works powerfully through honest conversation.**

- 1. Lent is often described as a season of surrender and preparation.** What is something (habit, distraction, mindset, fear, etc.) that you feel invited to let go of during this season? How might letting go create space for spiritual growth?
- 2. During Lent, many people take on or renew practices such as prayer, fasting, generosity, or Scripture reading.** Which spiritual practice has most shaped your faith in the past? What makes that practice meaningful rather than just routine?
- 3. Lent encourages deeper self-examination.** When you pause and reflect, where do you notice growth in your spiritual life? Where do you sense resistance, dryness, or struggle?

This Sunday we heard the story of Jesus calling the tax collector ([Luke 5:27-32](#)). Read the passage again.

1. In this passage, Levi leaves everything immediately to follow Jesus. What stands out to you about Levi’s response? What might “leaving everything” look like in our lives today? Is there something Jesus may be inviting you to step away from—or toward—right now?
2. Jesus shares a meal with tax collectors and sinners, prompting criticism from the Pharisees. What does this reveal about Jesus’ heart and mission? Who are the people our culture (or even we ourselves) might overlook or judge? How can we reflect Jesus’ posture of grace and invitation in our own relationships?
3. Are there “tables” that Jesus is drawing you towards that make you uncomfortable?